YEAR 9 ENDEAVOUR CAMP 2017

Personal Clothing and Equipment List

This list contains the items required for the various conditions and activities you will encounter during the camp. Depending on weather conditions you will use all or most of the items listed below. As the season during the course can either have hot/dry or cool/moist conditions, you need to be suitably clothed and equipped for both. **Please bring ALL listed items (except where indicated optional).** Much of the listed clothing and equipment is also suitable for Year 10 Mittagundi and the Year 11 Leadership Course.

Different people have different reactions to cold or wet conditions. Some people feel the cold very quickly; others remain comfortable in most conditions. Depending on how you feel in cold or wet weather conditions, you should choose to bring more or less of the optional warm clothing items. **If you feel the cold quickly, you should perhaps bring the optional long underwear, and choose a slightly thicker garment. Think carefully about your selection as you will be carrying it.**

In the interest of safety, students must come with all the correct clothing and equipment. Students without the correct clothing will not be allowed to attend.

**WHAT TO BRING**
☑as you pack!

Rucksacks, shelters, cooking utensils and sleeping bags are all provided. You should bring hard wearing and durable clothing. All of the following items should be brought/worn on the day students depart.

- **WEAR ON THE DAY** - you will begin Endeavour Camp in these clothes

  1. 1 pair of cotton long trousers, not tight fitting, not track pants. **Hard Yakka** style trousers or cargo pants are ideal – **no jeans.**
  2. 1 strong, long sleeved collared shirt (old business shirts are ideal)
  3. 1 pair of comfortable boots or sturdy track shoes for hiking. **Blundstones** and elastic sided boots are not suitable. Hiking boots **must be worn in.**
  4. 1 set of underwear (cotton preferably)
  5. 1 pair of long medium weight wool or wool/nylon mix socks e.g. **Explorers**
  6. 1 hat with brim for sun protection. No caps or straw hats
  7. 1 whistle on cord, to be worn around neck at all times

- **MAIN ESSENTIAL ITEMS** – in soft sports bag (no suitcases). This bag will be left at the Outdoor Education Shed after you are issued with a backpack

  1. 1 pair of cotton long trousers **(description as above)**
  2. 1 cold packed lunch for the first day. **NO OTHER FOOD/SNACKS PLEASE**
  3. 1 waterproof jacket. **Must be waterproof** – see note on Hire of Waterproof Jackets document.
  4. 1 set of thermal underwear (long sleeved top and leggings). Must be wool, polypropylene, or quality designed for outdoor use **(not cotton)**
  5. 2 jumpers, medium weight for general use. **Must be wool or quality outdoor fleeces** – see note on page 2
  6. 1 jumper for use in water, tight fitting. **Must be wool or quality outdoor fleeces** – see note on page 2
  7. 1 pair of firm soled runners (for use in water). No Crocs or Speedo type shoes
  8. 3 pairs of medium weight wool or wool/nylon mix socks e.g. **Explorers**
  9. 3 sets of underwear (cotton preferably). Boxers are not recommended for abseiling/rock climbing – OK for other activities.
  10. 1 strong, long sleeved collared shirt
  11. 1 T-shirt
  12. 1 pair of shorts for swimming (board shorts are ideal)
  13. 1 beanie or balaclava (woolen or quality outdoor fleeces)
1 roll of toilet paper in a sealed plastic bag
1 lightweight torch (LED head-torch is ideal)
spare batteries for torch
1 lightweight eating bowl (preferably stainless steel or very strong plastic)
cup or mug (with handle)
1 fork and spoon (strong and sturdy – not disposable)
1 1L sports water bottle/personal drink bottle. Check for leaks, you will drink from this.
3 litres of water bottles (recycled soft drink bottles or fruit juice bottles are ideal). The bottles combined must add up to 3 litres (could be 3 x 1lt or (1 x 2lt + 2 x 1lt etc)). These bottles will be used for group water and will not be used to drink directly from at any time. **Check and test they do not leak. Avoid brittle or fragile bottles. Clearly label.**

- **OPTIONAL**
- insect repellent (no aerosols please)
- disposable waterproof camera or digital camera in a waterproof container
- pair of woolen gloves or mittens
- gaiters (shoe and lower leg covering for prickles in socks)

- **DO NOT BRING**
Parents are asked to ensure that students do not bring or pack pocket knives, sheath knives or knives with locking blades, iPods, MP3 players, phones, cosmetics, tobacco, alcohol, confectionery, soft drinks, or any other food, or any specialist camping gear. No money should be brought on camp as the groups will never be near any shops. You do not need to bring a watch.

**NOTES ON CLOTHING AND EQUIPMENT**

- **EQUIPMENT CARE AND RESPONSIBILITY**
Necessary camping equipment (packs, shelters, cooking utensils and sleeping bags) will be issued to students. The care and responsibility for this equipment will be the students, who will be expected to pay for the replacement if lost or damaged through irresponsible use. **ALL CLOTHING AND EQUIPMENT SHOULD BE CLEARLY MARKED WITH YOUR NAME TO AVOID CONFUSION OR LOSS.**

- **WOOLEN CLOTHING (OR QUALITY OUTDOOR FLEECE)**
Wool is by far (economically) the best fabric for staying warm in wet and cold conditions. It absorbs very little moisture and therefore continues to feel warm, and therefore, does not draw heat from the body to dry the fabric as cotton does. Check the label to make sure the garment is at least 70% wool. The two required medium weight woolen jumpers, are more versatile than one thick jumper.

Cotton absorbs up to 25 times its weight in water and is **TOTALLY UNSUITABLE** as a fabric in clothing intended to keep you warm in the outdoors. **DO NOT BRING** cotton ‘sweatshirts’, football jumpers, or tracksuit tops as substitutes for woolen pullovers.

There are many quality outdoor fleece fabrics which hold even less water than wool, and are used to make thermal underwear and pile jackets. This material is ideal, but generally more expensive.

- **OBTAINING CLOTHING**
Many items can probably be found in the old clothes bag at home, or second hand clothes shops. **FASHION IS NOT IMPORTANT.** At times in the past, parents have brought their children special boots for walking, these are not necessary. If you feel it is necessary to buy anything expensive, you may wish to contact the Outdoor Education Department at the College for advice.

- **Lone Dingo (southern end of Todd Mall)** offers a range of equipment suitable for the College’s Outdoor Education program - e.g. thermal underwear, quality outdoor fleece jumpers, waterproof jackets, boots etc