ADULT ENDEAVOUR PROGRAM 2015

IMPORTANT INFORMATION - PLEASE READ CAREFULLY

ACTION REQUIRED:
- Advise College if attending
- Pay deposit of $200 by 20th February
- Medical Form URGENT by 30th April
- Hire waterproof jacket (2nd April or ASAP)
- Pre Departure Meeting 12th June 5-7.30pm
- Pay balance of $200 by 30th April

Dear Parents/Friends,

Preparation is nearing completion for the Adult Highlight Program. This is an exciting and long awaited shortened adult version of the highlights of the Year 9 Endeavour. This is part of the College’s 50th Back to Boarding Anniversary celebrations provided as an opportunity by the College’s Outdoor Education program, and offers unique challenges and opportunities for self-development and leadership enhancement.

ADULT PROGRAM OUTLINE AND TIMINGS

The main part of the course will be run in the West MacDonnell National Park and surrounding area to the west of Standley Chasm. This area lends itself well to the various adventure activities that our students undertake, such as bushwalking, abseiling, low ropes, rock climbing and canyoning. The level of adventure is high and the program is a significant physical challenge.

This Program focuses particularly on leadership, communication and self-reflection. It is an extension of the College’s long running Outdoor Education Program. Parents/Friends will learn a number of bush craft skills, this is not the primary purpose of the course. The course aims to build confidence, raise self-esteem, increase initiative, encourage leadership and develop strategies that can be used successfully, individually or in a group.

Parents will attend a pre-trip packing session from 5:00pm-7:30pm on Thursday 12th June where all packs will be packed. On Monday 15th June the trip will start at 8:00am and return on Thursday 18th June mid to late afternoon.

PARTICIPANT INFORMATION

A copy of a presentation about the program is available on the College website and is worth reviewing to give you a better understanding about the program.

PARTICIPATION

As for Leadership Course and Mittagundi, the opportunities and dynamics of the Adult Endeavour Program is complemented by the ideal of ‘Challenge by Choice’. This puts the ownership of decisions to attend and participate strongly in the hands of the participants – this is not compulsory. This ideal is put strongly to all participants, that the decision to challenge themselves is their own. This means that all participants come enthused, willing to learn and to try hard.

EDUCATIONAL OBJECTIVES OF THE ADULT PROGRAM:

To have participants better their communication skills, particularly when dealing with large groups. For participants to learn, through theoretical discussion and practical experience, techniques that facilitate effective communication.

For participants to be provided with time to assess who they are as a person, and where they are going in the near future. This time will include setting goals for the future that will help them keep ‘on track’ for their life journey.

CAMP DATES

Participants please be available for the following dates:

- Pre-trip packing session from 5:00pm-7:30pm on Thursday 12th June. All equipment to be present at this time.
On the 15th June the trip will start at 8:00am and return on 18th June mid to late afternoon.

**COURSE COSTS**

The cost of the course is $400 (deposit $200 due 20th February). Please pay the balance of $200 to College Reception by Thursday 30th April or earlier.

The cost includes all food, all specialist equipment (except rain Jacket hire), transport and expert staffing.

**WOMEN ON CAMP**

Female staff will assist with understanding the practicalities on camp, and address any anxieties. This will done during the pre-departure meeting.

**MEDICAL AND CONSENT FORM & EQUIPMENT LIST**

For planning to continue, could you please return the attached Medical Consent Form to College Reception by Thursday 30th April. Participants who suffer from Asthma must complete an Asthma Management Form, and those that have an allergy/allergies must complete an Allergy Management Form. These forms are available on the College website.

Participants are asked to bring clothing and personal items. However, food, rucksacks, sleeping bags, sleeping mats and shelters are supplied to ensure that all participants operate in the same conditions and that appropriate equipment is used. An equipment list is attached.

A detailed equipment list is attached so you may begin gathering the correct clothing and equipment early. Please refer to the list for important information and guidance. The correct equipment is essential.

Yours sincerely,

David Atkins
Head of Outdoor Education

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**To do:**

- **IMMEDIATE:** Register email with David Atkins david.atkins@portal.stphilips.nt.edu.au if you have received this via email then you are registered.
- **IMMEDIATE:** Get $200 deposit in 20th February
- **IMMEDIATE:** Look at the presentation on the college YouTube channel of the 2014 trip for parents. [https://www.youtube.com/channel/UCq6jWmD76ti85Z-S-hj1xNg](https://www.youtube.com/channel/UCq6jWmD76ti85Z-S-hj1xNg)
- **ESSENTIAL:** Complete your Medical/Consent Form to Reception by 30th April. An Asthma Management Form should be completed by all asthmatics and an Allergy Management Form by those who have allergies.
- **ESSENTIAL:** Pay balance $200 by Thursday 30th April.
- **OPTIONAL:** If you wish to hire a waterproof jacket please submit the attached form and payment by 2nd April 2015.