YEAR 7 CAMP 2013 – Term 2 Week 1

ACTION REQUIRED: Medical/Consent Form returned to Student Access by Thursday 21st March

Dear Parent/Guardian and Year 7 Students,

As part of the St Philip’s College Outdoor Education program, the Year 7 Camp will be held over Week 1 of Term 2. The Year 7 Camp is the first camp of a comprehensive Outdoor Education program and leads students towards the challenges of Year 9 Endeavour Camp, Year 10 Mittagundi Camp and the Year 11 Leadership Course. The primary focus of this camp is to introduce all Year 7 students to the philosophy of Outdoor Education and to provide constructive time to get to work with their peers and teachers in a different atmosphere. As the camp is integral to the College ethos, this two day camp is compulsory.

PROGRAM

Each student will attend for two days with his or her class group. The program consists of a one day bushwalk along Section 1 of the Larapinta Trail, one day cycling and an introduction to rock climbing and abseiling.

Each class group is divided in half; one group cycles to Wallaby Gap via the Larapinta Drive and the Simpsons Gap Bike Path, while the other group bushwalking will be transported by bus to Simpsons Gap and will walk to Wallaby Gap along the Larapinta Trail. The cyclists will arrive shortly after midday and will have an opportunity to try rockclimbing and abseiling. The bushwalking group will arrive later in the day and will walk up onto Euro Ridge if time permits. After cooking dinner, the two groups camp together and exchange activities the following morning. On their day of departure, students should be at school by 8.15am. They should meet on the College Oval, near the entrance roundabout. They will return to College on the following day at approximately 3.00pm.

The cost of the camp will be $80. This includes bicycle hire, bushwalking equipment, and food after the first lunch. All families were billed for the camp at the beginning of the year.

The dates for the camp are:

7ENGL1 and 7ENGC1 (First half of class) Camp: Monday 15th April – Tuesday 16th April
7ENGL2 and 7ENGC1 (Second half of class) Camp: Tuesday 16th April – Wednesday 17th April
7ENGL3 and 7ENGB1 (First half of class) Camp: Wednesday 17th April – Thursday 18th April
7ENGL4, 7ENGL5 and 7ENGB1 (Second half of class) Camp: Thursday 18th April – Friday 19th April

MEDICAL REPORT AND CONSENT FORMS

Each student needs to return a completed and signed medical and consent form to the Student Access Window by Thursday 21st March (Week 8 Term 1 – however please submit as early as possible). Please complete carefully with as much detail as possible. Students should also sign the appropriate section.

In line with College policy, those students who have asthma or allergies should collect and return an Asthma and/or Allergy Management form from Student Access at their earliest convenience. Medical consent forms, Asthma and Allergy Management forms are available for download from http://www.stphilips.nt.edu.au/special-programs/outdoor-activities/camp-forms
WHAT TO PACK AND WEAR

When selecting clothing, choose items that are going to be comfortable for walking or cycling during the day and offer protection from the sun. Remember that although it is likely to be very warm during the day the temperature may drop considerably at night – ensure that the warm clothing and beanie listed are brought along.

WEAR THE FOLLOWING CLOTHES ON THE DAY - dress carefully for the conditions and for strenuous exercise:

- pair of comfortable tight runners (they must have laces)
- socks that cover the ankle
- broad brimmed sun hat or bucket hat. Baseball caps NOT suitable.
- apply sunscreen to face arms and legs before coming to school
- shorts
- collared t-shirt which provides sun protection for the neck (not singlet’s)

BAG 1 - Students should pack these items into a small soft bag, which will be transported by car to the campsite:

- 1 pair of long pants & spare collared t-shirt
- mosquito repellent
- 1 woollen beanie
- spare underwear & ankle length socks
- torch
- bowl, mug, knife, fork, spoon
- warm jumper
- toiletries (toothbrush etc.)
- 1 x rain coat
- tracksuit / pyjamas
- Optional: sunglasses, camera (student’s responsibility), scarf/gloves
- bike helmet

BAG 2 - Students should pack these items into a small backpack that will comfortably fit and carry the following:

- PACKED LUNCH for the first day
- 3 x 1ltr water bottles FULL. (Please check that they don’t leak.) Drink plenty of water at home before the camp begins.
- sunscreen (apply also at home)
- warm jumper

NOTE:
1. iPods, handheld games and pocket knives are not permitted. Do not bring a pillow.
2. Please bring a PACKED LUNCH for the first day. No additional food or lollies are permitted.

ENSURE THAT 3 LITRES OF WATER AND SUITABLE CLOTHING ARE BROUGHT FOR WALKING AND CYCLING. Students will have spaghetti bolognaise for dinner, cereal for breakfast and a sandwich lunch on the return journey. Fruit will also be provided.

3. All sleeping equipment, bushwalking equipment, and cooking equipment will be provided by the College.

SLEEPING BAGS ARE PROVIDED. Do not bring swag or a pillow.
4. Appropriate bikes will be provided. However, students are encouraged to bring their own cycling helmet if they have one. Those without will be supplied with an appropriate helmet. For reasons of fairness and equipment consistency, students must not bring their own bikes.

If students are not on camp they should attend school at normal times for classes.

If you have any further questions regarding the camp or your son/daughter, please do not hesitate to contact me at the College.

Yours sincerely

David Atkins
Head of Outdoor Education

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