YEAR 7 CAMP 2015 – Term 3 - Weeks 2, 3, 4 & 5

ACTION REQUIRED: Medical/Consent Form returned to Student Access by Thursday 28th May

Dear Parent/Guardian and Year 7 Students

As part of the St Philip's College Outdoor Education program, the Year 7 Camp will be held over Weeks 2, 3, 4, and 5 of Term 3. The Year 7 Camp is the first camp of a comprehensive Outdoor Education program and leads students towards the challenges of Year 9 Endeavour Camp, Year 10 Mittagundi Camp and the Year 11 Leadership Course. The primary focus of this camp is to introduce all Year 7 students to the philosophy of Outdoor Education and to provide constructive time to get to work with their peers and teachers in a different atmosphere. As the camp is integral to the College ethos, this three day camp is compulsory.

PROGRAM

Each student will attend for three days with his or her class group. The program consists of a one day bushwalk along Section 1 of the Larapinta Trail, and an introduction to orienteering, rock climbing and abseiling, one day cycling and Desert Park.

Each class group is divided in half; one group cycles to Wallaby Gap via the Desert Park, Larapinta Drive and the Simpsons Gap Bike Path, while the other group bushwalking will be transported by bus to Simpsons Gap and will walk to Wallaby Gap along the Larapinta Trail. On the second day both groups will have an opportunity to try rock climbing, abseiling, orienteering and a walk up onto Euro Ridge if time permits. After cooking dinner each night, the two groups camp together and participate in night activities before the last day where day one’s activities are swapped.

On their day of departure, students should be at school by 8.15am. They should meet on the College Oval, near the entrance roundabout. They will return to College on the third day at approximately 3.00pm.

The cost of the camp will be $170. This includes bicycle hire, bushwalking equipment, and food after the first lunch. All families were billed for the camp at the beginning of the year.

The dates for the camp are:

- Camp 1 (07FOOD1 class term 1): Wednesday 29th – Friday 31st July
- Camp 2 (07APTE1 class Term 1): Monday 1st – Wednesday 3rd August
- Camp 3 (07VIAR1 class Term 1): Tuesday 2nd – Thursday 4th August
- Camp 4 (07FAID1 class Term 1): Wednesday 3rd – Friday 5th August
- Camp 5 (07FITN1 class Term 1): Monday 10th – Wednesday 12th August
- Camp 6 (07MUSI1 class Term 1): Tuesday 11th – Thursday 13th August
- Camp 7 (07PERF1 class Term 1): Wednesday 12th – Friday 15th August
- Camp 8 (08OUED1 class Term 1): Monday 17th – Wednesday 19th August

MEDICAL REPORT AND CONSENT FORMS

Each student needs to return a completed and signed medical and consent form to the Student Access Window by Thursday 28th May (Term 2 - Week 6 – however please submit as early as possible). Please complete carefully with as much detail as possible. Students should also sign the appropriate section.
In line with College policy, those students who have asthma or allergies should collect and return an Asthma and/or Allergy Management form from Student Access at their earliest convenience. Medical consent forms, Asthma and Allergy Management forms are available for download from http://www.stphilips.nt.edu.au/special-programs/outdoor-activities/camp-forms

WHAT TO PACK AND WEAR

When selecting clothing, choose items that are going to be comfortable for walking or cycling during the day and offer protection from the sun. Remember that although it is likely to be very warm during the day the temperature may drop considerably at night – ensure that the warm clothing and beanie listed are brought along.

WEAR THE FOLLOWING CLOTHES ON THE DAY - dress carefully for the conditions and for strenuous exercise:

☐ pair of comfortable tight runners (they must have laces) ☐ apply sunscreen to face arms and legs before coming to school
☐ socks that cover the ankle ☐ shorts or lightweight walking pants
☐ broad brimmed sun hat or bucket hat. Baseball caps NOT suitable. ☐ collared t-shirt which provides sun protection for the neck (not singlet’s)

BAG 1 - Students should pack these items into a small soft bag, which will be transported by car to the campsite:

☐ pair of long pants & spare collared t-shirt ☐ bowl, mug, knife, fork, spoon ☐ torch
☐ spare underwear & ankle length socks ☐ mosquito repellent
☐ warm jumper ☐ tracksuit / pyjamas
☐ 1 woolen beanie ☐ optional: sunglasses, camera (student’s responsibility), scarf/gloves
☐ 1 x rain coat ☐ bike helmet
☐ toiletries (toothbrush etc.)

BAG 2 - Students should pack these items into a small backpack that will comfortably fit and carry the following:

☐ PACKED LUNCH for the first day ☐ warm jumper ☐ sunscreen (apply also at home)
☐ 3 x 1ltr water bottles FULL. (Please check that they don’t leak.) Drink plenty of water at home before the camp begins.

NOTES:
1. iPods, handheld games and pocket knives are not permitted. Do not bring a pillow.
2. Please bring a PACKED LUNCH for the first day. No additional food or lollies are permitted.
3. Students will have spaghetti bolognaise and souvlaki for dinner, cereal for breakfast and sandwiches for lunches. Fruit will also be provided.
4. All sleeping equipment, bushwalking equipment, and cooking equipment will be provided by the College.
5. Appropriate bikes will be provided. However, students are encouraged to bring their own cycling helmet if they have one. Those without will be supplied with an appropriate helmet. For reasons of fairness and equipment consistency, students must not bring their own bikes.

ENSURE THAT 3 LITRES OF WATER AND SUITABLE CLOTHING ARE BROUGHT FOR WALKING AND CYCLING.

If students are not on camp they should attend school at normal times for classes.

If you have any further questions regarding the camp or your son/daughter, please do not hesitate to contact me at the College.

Yours sincerely

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