Dear Parents,

It is wonderful to be back for Semester 2, 2013. We have a great semester coming up and I would like to welcome two new staff members, Ms Eliza Tarpey who will be teaching Performing Arts and Old Saint, Ms Stacey Gill who will teach Geography, Outdoor Education and PE.

Welcome back also, to those staff and students who participated in the international service project on Tanna Island over the holidays, welcome back to everyone who attended the Round Square conference in Cairns and to our first Mittagundi group.

A new semester is synonymous with a new beginning, a chance to open a book to a brand new clean page. In addition to a clean page, I encourage our students to wear a coat of determination; a coat which will keep out any winds of negativity, and will increase positivity and will allow them to flourish.

Remember also, the word LAD - Listen, Ask, Do. To be successful this semester, let’s Listen to each other, let’s Ask questions if we don’t understand, and let’s Do things that are positive, proactive and productive.

It will be a busy term with many different events. Some of the first events are our Year 12 Parent - Teacher Night next week, Reading Day Assembly next Wednesday and on Saturday 3 August we’ll be having our Class of ‘93, 20 Year Reunion. Enjoy the term.

Yours sincerely,

Chris Tudor AM
Headmaster

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Thank you Steve Strike

On behalf of St Philip’s College, Headmaster, Chris Tudor would like to sincerely thank Alice Springs photographer, Steve Strike for his very generous donation of photographic equipment. The high class professional equipment will enhance and support our students who participate in the very popular Photography courses offered here at the College.

Please visit Steve’s website: http://www.stevestrike.net/ to view his portfolio of amazing images.

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YEAR 12 PARENTS

Year 12 Parent/Teacher Night
Tuesday 30th July 2013
4pm - 6pm
The Minnamurra Hall
Please make all bookings online
www.stphilips.nt.edu.au
For more information, please contact
Tina La Palombara on 8950 4547

Subject Information Nights

During this term there will be a number of Subject Information Nights to go through the details of the Elective Subjects for Year 9, Year 10 and Year 11 for 2014. The details are as follows:

Year 9 (2014)
The Subject Information Night will be held Wednesday 31st July at 7pm in the Fred McKay Education Centre.

Year 10 (2014)
The Subject Information Night will be held Wednesday 21st August at 7pm in the Fred McKay Education Centre.

This will be followed by a Subject Advice afternoon on Wednesday 4th September from 4.00pm to 5.30pm. This afternoon will be held in the English block.

If you have any questions about the subject selection process, please do not hesitate to contact me on 8950 4504.

Peter Wagner
Director of Teaching, Learning and Curriculum

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A VISIT FROM PETE ROWSTHORN...

In Week 10 of Term 2, Pete Rowsthorn from Kath and Kim caught up with his old school buddy Steve Kidd and had his photograph taken with lots of fans. He also had a chat to the students about his life as a comic actor.
**What’s Happening in Term 3 - Week 2**

**Monday 29 July**
- Reading Week
- Junior Rika Meeting - Period 2
- Year 11 return to classes

**Tuesday 30 July**
- Year 12 Parent-Teacher Night, 4pm to 6pm
- Year 11 Leadership Training Commences - 7am, Fred McKay Education Centre

**Wednesday 31 July**
- Reading Day Assembly
- UNSW English Competition
- Emails sent for overdue library resources
- Year 9 (2014) Information Night - 7pm, Fred McKay Education Centre

**Thursday 1 August**
- Australian Mathematics Competition
- Year 12 Drama Interpretive Studies

**Friday 2 August**
- Uniform Free Day - Jeans for Genes Day (Griffiths House fundraiser)

**Saturday 3 August**
- Class of 1993 20th Anniversary - Fred McKay Education Centre

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**SIDE PANEL**

**School Photographs**

The annual St Philip’s College photograph days are almost here! This year the school photos will be taken on Thursday 8th August and Friday 9th August (Week 3, Term 3).

All students must wear their full winter uniform.

Information and order envelopes should have been included in the Semester One report cards that were sent to students’ primary carers (due to a limited number available) – except for those students in Rolland House, who have received their envelopes through Tutor Groups in Week 1. Extra envelopes can be obtained from Reception or Miss Braunack’s office.

**Note** – all envelopes MUST be returned to the photographers on the day, NOT to school personnel.

Sibling and friendship group order envelopes are available on request from Reception.

Any enquiries, please contact Miss Braunack on 8850 4544.

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**RIDE AND RUN IN THE SUN CAMP – 20TH – 24TH JUNE**

The first Triathlon NT Junior Development Camp was an amazing experience. The second, “Ride and Run in the Sun Camp”, took junior development to another level. Not only did the kids learn new riding and running skills but they learnt to be independent when travelling away. Rather than stay in comfortable accommodation, the campers slept on army stretchers in secluded spots where we unloaded the bikes to practise our new skills on a loose surface. There were plenty of spills and despite everyone finishing the session with beautiful forward rolls in the last group race of the session.

After cleaning the bikes it was back to the NTIS for some tips from exercise physiologist Tadek Rudz on how to recover quickly from training and racing. It was then time to refuel again ready to put our new running technique into action against some of the best in the business over 60 and 100m.

After being blown off the track by Olym- pian Crystal Attenborough it was time to test the icy bath theory. Using the NTIS facilities and sport scientists the campers took it in turns to sit in a spa cooled to 10 degrees. Not even the camp coaches escaped with Loreta and I spending time in the tub.

Feeling fresh from the ice bath the night before, Day Three started with a group ride to Hidden Valley Raceway where we used the race track to practise track starts and cornering at speed. After sprint finish tuition from Andrew Barcroft, the session finished with some bunch sprint races, which kept all racers on their toes as they identified strong riders, avoiding slower traffic and corners before launching an at-tack as the finish line approached. Next it was off to practise some more high speed cornering. This time with the aid of an en- gine as the campers hit the Go Kart track.

The afternoon run session took place on the beach and finished with a BBQ. It was an early night as the next day was to be our earliest start of the camp so far. At Sam after cleaning and packing the bikes the night before, we punted into the buses and set off on the hour and a half journey to Litchfield National Park for some lessons in hill climbing. The “Jump Up” proved to be Heartbreak Hill for many of the campers while James Steer, Shane Van Luenen and Jasper Edwards “mashed the pedals” through six heart bursting hill climbs.

Breakfast of bacon, eggs and pancakes and a swim at Buley Rock Hole and Florence Falls made the climbs worth it. With the buses loaded, we headed back to clean the bikes for one last time before packing them in boxes for the trip home. Dinner was at the Mindil Beach Markets, which provided the perfect drop for the end of the camp with the sun setting over the water on a beautiful dry season night.

I have to say a massive thank you to Tim Ellison and Triathlon NT and to everyone else involved for making such an amazing opportunity available to junior triathletes from Alice Springs.

The next camp is in September and will have a running and swimming focus. Please get in touch with Tony Knott so you don’t miss out on a spot at the next camp. Limited spaces are available for junior athletes and coaches.

**Tony Knott**

Head of PE

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**CREATIVITY CHRISTMAS IN JULY**

Saturday the 27th

10am - 2pm

**CBCA NT Short List Brunch**

Sunday 11 August 2013

9.00am - 12.30pm

DoubleTree by Hilton

$30 CBCA members

$35.00 anyone else

**Tickets available through CBCA NT Office**

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**Above: NT Triathlon Junior Development Camp Participants**

**Night the campers debriefed and refuelled ready for the next day.**

Nursing a nasty bruise and some stitches from his last trip to the Howard Springs Pine Forest, Tim Ellison drove us to a secluded spot where we unloaded the bikes to practise our new skills on a loose surface. There were plenty of spills and despite everyone finishing the session with a dirty bike and even dirtier body there were plenty of smiles. Will Stoic emulated Tim by trying to remove a tree with his bike, while James Steer completed three
**Chaplain’s Message**

**The Alphabet**

A – ACCEPT Accept others for who they are and for the choices they’ve made, even if you have difficulty understanding their beliefs, motives, or actions.

B – BREAK AWAY Break away from everything that stands in the way of what you hope to accomplish with your life.

C – CREATE Create a family of friends whom you can share your hopes, dreams, sorrows and happiness with.

D – DECIDE Decide that you’ll be successful and happy come what may, and good things will find you. The roadblocks are only minor obstacles along the way.

E – EXPLORE Explore and experiment. The world has much to offer, and you have much to give. And every time you try something new, you’ll learn more about yourself.

F – FORGIVE Forgive and forget. Grudges only weigh you down and inspire unhappiness and grief. Soar above it, and remember that everyone makes mistakes.

G – GROW Leave the childhood monsters behind. They can no longer hurt you or stand in your way.

H – HOPE Hope for the best and never forget that anything is possible as long as you remain dedicated to the task.

I – IGNORE Ignore the negative voice inside your head. Focus instead on your goals and remember your accomplishments. Your past success is only a small inkling of what the future holds.

J – JOURNEY Journey to new worlds, new possibilities, by remaining open-minded. Try to learn something new every day, and you’ll grow.

K – KNOW Know that no matter how bad things seem, they’ll always get better. The warmth of spring always follows the harshest winter.

L – LOVE Let love fill your heart instead of hate. When hate is in your heart, there’s room for nothing else, but when love is in your heart, there’s room for endless happiness.

M – MANAGE Manage your time and your expenses wisely, and you’ll suffer less stress and worry. Then you’ll be able to focus on the important things in life.

N – NOTICE Never ignore the poor, infirm, helpless, weak, or suffering. Offer your assistance when possible, and always your kindness and understanding.

O – OPEN Open your eyes and take in all the beauty around you. Even during the worst of times, there’s still much to be thankful for.

P – PLAY Never forget to have fun along the way. Success means nothing without happiness.

Q – QUESTION Ask many questions, because you’re here to learn.

R – RELAX Refuse to let worry and stress rule your life, and remember that things always have a way of working out in the end.

S – SHARE Share your talent, skills, knowledge, and time with others. Everything that you invest in others will return to you many times over.

T – TRY Even when your dreams seem impossible to reach, try anyway. You’ll be amazed by what you can accomplish.

U – USE Use your gifts to your best ability. Talent that’s wasted has no value. Talent that’s used will bring unexpected rewards.

V – VALUE Value the friends and family members who’ve supported and encouraged you, and be there for them as well.

W – WORK Work hard every day to be the best person you can be, but never feel guilty if you fall short of your goals. Every sunrise offers a second chance.

X – X-RAY Look deep inside the hearts of those around you and you’ll see the goodness and beauty within.

Y – YIELD Yield to commitment. If you stay on track and remain dedicated, you’ll find success at the end of the road.

Z – ZOOM Zoom to a happy place when bad memories or sorrow rears its ugly head. Let nothing interfere with your goals. Instead, focus on your abilities, your dreams, and a brighter tomorrow.

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