



ST. PHILIP'S COLLEGE

## YEAR 10 CAMP PROGRAMS 2019

### INITIAL INFORMATION

Email Registrations Now Open

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**ACTION REQUIRED:**

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|---|--------------------------|---|--------------------------|
| Expressions of interest due – Monday, 24 September 2018 | <input type="checkbox"/> | Independent travel arrangements due – Friday, 15 February 2019  | <input type="checkbox"/> |
| Information Night – Monday, 11 February 2019 at 7pm     | <input type="checkbox"/> | Medical Consent Forms (SPC and Mittagundi/Wollangarra) will be sent direct through Community Portal and Care Monkey | <input type="checkbox"/> |
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Dear Parents/Guardians and current Year 9 students

Since 1998, St Philip's College has offered an exciting Outdoor Education expedition for Year 10 Students. This eleven-day winter camp to Mittagundi Outdoor Education Centre in Victoria is a particularly adventurous expedition and will be offered again in 2019. A second expedition option to Wollangarra Outdoor Education Centre in Victoria is also available, after a successful inclusion into our programs in 2017.

Please read the following information below carefully. Please register an expression of interest immediately stating your preference, attend the information night and submit forms by the due dates.

#### **PARENT AND STUDENT INFORMATION EVENING – all students should attend**

An Information Night will be held on Monday, 11 February 2019 in The Minnamurra Hall at 7pm. It is compulsory that students attend this meeting to make themselves aware of all the requirements of the trip. Parents are also encouraged to come to this meeting. A copy of the presentation will be made available on the College website.

#### **EXPRESSIONS OF INTEREST**

Expressions of camp preference and Frequent Flyer Number (if any) is required by email by Monday, 24 September 2018 to [outdoor.education@stphilips.nt.edu.au](mailto:outdoor.education@stphilips.nt.edu.au) Registering by email allows us to have regular and efficient communication with families in planning and organising the program between now and the trip. All news and information is distributed by email and the Community Portal. You may register multiple email addresses, but always specify who the message is from. Please do not submit email addresses on paper – I will reply to all emails as confirmations. Registration is regarded as a genuine and considered expression of interest.

#### **INDEPENDENT TRAVEL ARRANGEMENTS**

There will be an option for students to book their own flights or travel to Melbourne (unsupervised) prior to the trips beginning. Please email independent travel arrangements to [outdoor.education@stphilips.nt.edu.au](mailto:outdoor.education@stphilips.nt.edu.au) by Friday, 15 February 2019.

Students must commit themselves to the personal organisation required for the trips. Students should do the work, not parents. Students should manage deadlines, the submissions of forms, collection of gear, and all work required preparing for Mittagundi or Wollangarra.

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### **MITTAGUNDI OUTDOOR EDUCATION CENTRE**

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Mittagundi is located on an isolated property adjoining the Bogong High Plains and the township of Omeo, in Eastern Victoria, by the side of the Mitta Mitta River. It has been built and maintained by students over the past 25 years and aims to provide students with opportunities for adventure. Mittagundi has no electricity and follows a simple *pioneer* lifestyle. You view many photos of Mittagundi trips on the Gallery section of the College website.

The Mittagundi Winter Program is an extension of the Year 9 Endeavour Camp – focusing particularly on inter and intra-personal skills. The primary activity will be cross country skiing, but this will be combined with other activities, with an alternate program in the event of poor snow conditions. The time at Mittagundi is usually divided between a 1-day and a 3-day cross country skiing and snow-camping trip to the adjacent Bogong High Plains, and helping to run the property at Mittagundi itself. This includes milking cows, baking bread, building shed and fences, planting trees, blacksmithing, making furniture, and helping tend to the vegetable garden. It is important that students and parents

understand that the environment in which the camp is held. It is meant to be very challenging and is particularly cold. Cross country skiing takes place in the backcountry away from resorts; there are no ski lifts. Students walk and ski with packs (see also [www.mittagundi.org.au](http://www.mittagundi.org.au)).

**Mittagundi is a very popular, exciting, and rewarding trip. Places will be limited to a max of 80 students.** In deciding to go, students and families should consider carefully:

- Mittagundi is a demanding adventure-based expedition. It is not a *ski resort* style trip – there are no ski lifts and there is no snowboarding. Instead, it is a cross country ski touring expedition and pioneer lifestyle experience. In the snow and mountains, students will camp in the snow, ski and walk with backpacks. At Mittagundi itself, students will prepare for their ski trips, cook, clean, feed animals, and maintain Mittagundi.
- Mittagundi is a simple lifestyle. There is no electricity and one shower during the week. Food is simple and wholesome – there is not meat based meals every day, and there is porridge for breakfast every morning!
- Students will be cold and uncomfortable at Mittagundi at some stage. This is normal, but challenging – so all should be prepared appropriately, but acknowledge that they will be substantially challenged. This is what is great about Mittagundi!

#### **MITTAGUNDI WINTER PROGRAM DATES**

**Group 1:** Sunday, 7 July to Wednesday, 17 July (third and final week of Term 2 holidays)

**Group 2:** Wednesday, 17 July to Saturday, 27 July (last week of Term 2 holidays and Week 1 of Term 3)

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#### **WOLLANGARRA OUTDOOR EDUCATION CENTRE**

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Wollangarra is a unique and simple place situated beside the Macalister River south of Licola, Victoria. Wollangarra was built by hundreds of volunteers using materials brought over by flying fox, hauled through the river, and cut from the surrounding bush. Similar to Mittagundi, Wollangarra is also a pioneer-style homestead (no electricity) and aims to provide students an opportunity to get away from timetables and mobile phones, and live in a simple but comfortable way. The main focuses are providing a small but vital step towards a healthier environment, stronger communities, and happier young people.

The Wollangarra Stage One: Meeting the Mountains introductory programs major aim is encouraging awareness of our environment. The program is a five-day course with a two-night, three-day hike. Access to Wollangarra is via flying fox across the river and the first day is spent preparing for the hiking trip and doing activities around the property. This includes baking bread, planting vegetables, and doing maintenance on fences and other timber work incorporating pioneer skills. It is important to understand, much alike Mittagundi, this expedition program is meant to be challenging but in turn is rewarding and lots of fun (see <http://wollangarra.org.au/>).

**Wollangarra is a challenging and rewarding trip. Places will be limited to a max of 20 students.** In deciding to go, students and families should consider carefully:

- Wollangarra is a challenging, enjoyable adventure-based expedition. It is a pioneer lifestyle experience and involves three days of hiking.
- At Wollangarra, students will be expected to prepare for the hiking trip, cook, clean, and maintain the property.
- Wollangarra is a unique and simple lifestyle. There is no electricity and food is simple and wholesome. There is not meat based meals every day, but there is a hot shower and roast for students on the evening they return from their hike.

#### **WOLLANGARRA MEETING THE MOUNTAINS PROGRAM DATES**

**Group 1:** Sunday, 21 July 2018 to Sunday, 28 July 2019 (Week 1 of Term 3)

I look forward to seeing you at the Parent/Student Information Evening. In the meantime, please feel free to contact me at the College by phone or email if you have any questions.

Yours sincerely



**David Atkins - Head of Outdoor Education**

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**E:** [outdoor.education@stphilips.nt.edu.au](mailto:outdoor.education@stphilips.nt.edu.au) | **Visit:** [www.stphilips.nt.edu.au](http://www.stphilips.nt.edu.au)